



**St. Patrick Interparish School**

**March 2018 Lunch Menu**

**NUTRITION NEWS: Celebrate National Nutrition Month®** and "Go Further with Food!" The foods we choose can make a real difference in how we think, learn, and play! Here are some tips to "Go Further with Food!" this month:

- Make an effort to include a variety of healthy and colorful foods from all the food groups daily!
- Be sure to consume the appropriate portion size. Don't forget to use MyPlate as a guide for choosing the best foods to fuel your body!
- Think outside the box. Discover activities that you look forward to and make yourself a goal to be physically active every day.

**ALL MAIN EVENTS AND SWAP OUTS:**

Student Lunch	\$4.00
<b>Your meal comes with the choice of:</b>	
<b>Fruit and Vegetable</b>	Entrée Only \$2.25
<b>Milk, or Water</b>	Adult Lunch \$4.00

**Maschio's Swap Outs**

**Monday:** Grilled Ham and Cheese Sandwich  
**Tuesday:** Pizza Slice  
**Wednesday:** Chicken Nuggets  
**Thursday:** Hot Dog on a Bun  
**Friday:** Grilled Cheese

\*SCHOOL CHARGE POLICY\*

**Until accounts are current, students with a negative balance will be provided with the following:**

**-Bagel with butter and a cup for Water from the Fountain**

Please email any questions you may have to [jstonecypher@maschiofood.com](mailto:jstonecypher@maschiofood.com)

Connect with us!



**Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily**

Monday	Tuesday	Wednesday	Thursday	Friday
	<p style="font-size: 1.5em; color: #4f7942;">Happy Spring!</p>		<p><b>1</b> <b>Corn Dog Mini's</b> Dinner Roll Sweet Peas Fresh or Chilled Fruit</p>	<p><b>2</b> <b>Cheese Pizza</b> Broccoli Fresh or Chilled Fruit</p> <p style="text-align: right; font-size: 0.8em; color: #4f7942;">Dr. Seuss' Birthday Read Across America</p>
<p><b>5</b> <b>Vegetable Beef Soup</b> Tater Tots Fresh Celery Dippers Fresh or Chilled Fruit</p>	<p><b>6</b> <b>Breakfast for Lunch</b> <b>Waffles</b> Breakfast Sausages Hash Browns Fresh or Chilled Fruit</p>	<p><b>7</b> <b>Chicken Alfredo</b> Garlic Bread Sautéed Broccoli Fresh or Chilled Fruit</p>	<p><b>8</b> <b>Breakfast for Lunch</b> <b>Fench ToastSticks</b> Crispy Hashbrown Sausage Fresh or Chilled Fruit</p>	<p><b>9</b> <b>Cheese Pizza</b> Sautéed Corn Fresh or Chilled Fruit</p>
<p style="font-size: 1.2em; color: #4f7942;">I  <b>SCHOOL BREAKFAST</b> National School Breakfast Week</p>				
<p style="font-size: 1.5em; color: #4f7942;">School Closed</p>	<p><b>13</b> <b>Taco Tuesday</b> <b>Twin Tacos</b> with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato &amp; Salsa Rice Steamed Corn Fresh or Chilled Fruit</p>	<p><b>14</b> <b>Roast Turkey with Gravy</b> Dinner Roll Mashed Potatoes Steamed Carrots Fresh or Chilled Fruit</p>	<p><b>15</b> <b>Hamburger or Cheeseburger on a Bun</b> French Fries Fresh or Chilled Fruit</p>	<p><b>16</b> <b>Cheese Pizza</b> French fries Fresh or chilled Fruit</p>
<p><b>19</b> <b>Crispy Chicken Sandwich</b> Fries Fresh or Chilled Fruit</p>	<p><b>20</b> <b>Spring Picnic</b> Hot dog Baked Beans Country Slaw Fresh or Chilled Fruit</p> <p style="text-align: center; font-size: 0.8em; color: #4f7942;">1st Day of Spring</p>	<p><b>21</b> <b>Meatball Parm Hero</b> Sweet Peas Fresh or Chilled Fruit</p>	<p><b>22</b> <b>Chicken Quesadilla with Beans &amp; Rice</b> Fresh or Chilled Fruit</p>	<p><b>23</b> <b>Cheese Pizza</b> Freshly Prepared Cucumber &amp; Tomato Salad Fresh or Chilled Fruit</p>
<p><b>26</b> <b>Lasagna with Meat Sauce</b> Warm Breadstick Broccoli Fresh or Chilled Fruit</p>	<p><b>27</b> <b>Chicken Nuggets</b> Dinner Roll Green Beans Fresh or Chilled Fruit</p>	<p style="font-size: 1.2em; color: #4f7942;">Early Dismissal</p>	<p style="font-size: 1.2em; color: #4f7942;">School Closed</p>	<p style="font-size: 1.2em; color: #4f7942;">School Closed</p>

Questions or Concerns?  
Please visit [www.maschiofood.com](http://www.maschiofood.com)  
Or contact Josh Stonecypher at [jstonecypher@maschiofood.com](mailto:jstonecypher@maschiofood.com)

Pre-payment is available :  
10 meals for \$40.00 / 20 meals for \$80.00  
**Please Make Checks Payable To:**  
**Maschio's Food Services, Inc.**

MENU SUBJECT TO CHANGE

"This institution is an equal opportunity provider"